

Okanagan Charter Vision Groups and Survey Results

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This report presents the findings from the recent Vision Groups and Informational Sessions held at UCR. The sessions aimed to gather insights on how to foster a healthier campus environment. The data includes participation statistics, survey results, key phrases defining a healthy campus, strengths, opportunities for improvement, and suggestions for future initiatives.

Vision Groups and Informational Sessions

- **Total Sessions:** 7
- **Participants:** 85

Survey Completion

- **Total Surveys Completed:** 47
- **Response Rate:** 55%

Key Phrases Reflecting a Healthy UCR Campus

1. Healthy Food Options
2. Work-Life Balance
3. Outdoor Built Environment
4. Happy People
5. Kindness

Top 3 Strengths as a Health Promoting Campus

1. **Wellness Programming Resources**
 - a. Includes Workplace Health and Wellness, HWS
2. **Built and Natural Environments**
 - a. Encompasses Climate and Campus Infrastructure
3. **Campus Community and Staff**
 - a. Value Health and Well-being
 - b. Strong Community
 - c. Respect for Staff and Students

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Top 3 Opportunities to Improve as a Health Promoting Campus

1. Work-Life Balance
2. Additional Wellness Resources for Faculty and Staff
3. Healthier and Affordable Food Options

Suggestions to Improve Upon Healthy Campus

- 1. Strategic Integration and Support from Leadership**
 - a. Emphasize alignment and backing from leadership in health-promoting initiatives.
- 2. Better Organization**
 - a. Streamline processes and reduce bureaucratic barriers.
- 3. Less Sub-Committees**
 - a. Minimize the number of sub-committees to enhance efficiency and decision-making.
- 4. Clear Sense of Leadership**
 - a. Establish and communicate a clear leadership vision for health promotion.
- 5. Opportunities for Collaboration**
 - a. Foster inter-departmental and community partnerships.
- 6. Sustainable Programs and Resources**
 - a. Develop and maintain long-term health and wellness programs and resources.

Conclusion

The findings highlight the current strengths of UCR as a health-promoting campus while identifying key areas for improvement. Implementing the suggested actions will help create a more supportive, inclusive, and healthy environment for all members of the UCR community.